



Jersey Guidelines

For Players/Parents:

All parents/players are to receive a copy of the jersey guidelines below.

- All Name bars, sponsor bars, and "C's" or "A's" must be lightly single stitch sewn on - NOT IRONED or GLUED.
- All Name bars, sponsor bars, and "C's" or "A's" must be removed from the jersey prior to being returned to the coach/manager.
- Jerseys are to be washed in cold water and hung to dry. Do not put Jerseys in a dryer. Jerseys are to be air-dried out after every use.
- Jerseys are not to be signed, or affixed with any other items unless approved by Metro West Force executive.
- Any jersey not returned or showing signs of abuse (other than normal wear or accidents) will result not being permitted to register for the next season until the \$50 fee is paid in full.